Department of Veterans Aff	airs	HAND AND FINGERS DISABILITY BENEFITS QUESTIONNAIRE						
Name of Claimant/Veteran:			Claimant/Ve	eteran's Social Security Num	per:	Date of Examination:		
IMPORTANT - THE DEPARTMENT OF VET COMPLETING AND/OR SUBMITTING THIS		WILL NOT PAY	OR REIMBURSE	ANY EXPENSES OR COST	INCUR	RED IN THE PROCESS OF		
Note - The Veteran is applying to the U.S. De evaluation in processing the Veteran's claim. application. VA reserves the right to confirm Veteran's provider.	VA may obtain addition	nal medicál infori	mation, including an	examination, if necessary, to	o comp	lete VA's review of the veteran's		
Are you completing this Disability Benefits Qu	estionnaire at the reque	est of:						
Veteran/Claimant								
Other, please describe:								
L Are you a VA Healthcare provider?	Yes No							
s the Veteran regularly seen as a patient in y	our clinic?	Yes O	lo					
Was the Veteran examined in person?	Yes No							
If no, how was the examination conducted?							$\overline{}$	
		EVID	ENCE REVIEW					
Records reviewed Please identify the evidence reviewed (e	.g. service treatment re	ecords, VA treatn	nent records, private	e treatment records) and the	date ra	nge.		
		DO	MINANT HAND					
Dominant hand: Right	Left	Ambidextrous						
		SECTI	ON I - DIAGNOS	IS				
1A. List the claimed conditions that pertain to	this questionnaire:							
Note: These are the diagnoses determined of previous diagnosis for this condition, or if the diagnosis can be the date of the evaluation is	re is a diagnosis of a c	omplication due t	to the claimed condi	tion, explain your findings an	d reaso	ons in the remarks section. Date of		
1B. Select diagnoses associated with the cla	aimed condition(s) (che	ck all that apply):						
The Veteran does not have a current d	agnosis associated with	h any claimed co	nditions listed above	e. (Explain your findings and	reason	s in the remarks section).		
	;	Side affected:		ICD Code:		Date of diagnosis:		
Depuytren's contracture	Right	Left	☐ Both		Right:	Left:		
Trigger finger	Right	Left	☐ Both		Right:	Left:		
Swan neck deformity	Right	Left	☐ Both		Right:	Left:		
☐ Boutonniare deformity	☐ Right	□ Left	☐ Both		Right:	Left.		

Hand and Finger Conditions Disability Benefits Questionnaire

Right

Left

☐ Both

Updated on: August 12, 2020 ~v20_2

Left:

Right:

Mallet finger

	SECTION I - DIAGNOSIS (continued)								
				Side affe	ected:			ICD Code: Da	ate of diagnosis:
	Gamekeeper's thumb		Right		Left		Both	Right:	Left:
	Instability (chronic collateral ligament sprain)		Right		Left		Both	Right:	Left:
	Volar plate injury		Right		Left		Both	Right:	Left:
	MCP/PIP joint prosthetic replacement		Right		Left		Both	Right:	Left:
	Ankylosis of digit joint(s), specify joint(s)		Right		Left		Both	Right:	Left:
	Degenerative arthritis, other than post-traumatic		Right		Left		Both	Right:	Left:
	Arthritis, gonorrheal		Right		Left		Both	Right:	Left:
	Arthritis, pneumococcic		Right		Left		Both	Right:	Left:
	Arthritis, streptococcic		Right		Left	_	Both	Right:	Left:
	Arthritis, syphilitic		Right		Left	_	Both	Right:	Left:
	Arthritis, rheumatoid (multi-joint)		Right		Left	_	Both	Right:	Left:
	Post-traumatic arthritis		Right		Left		Both	Right:	Left:
	Arthritis, typhoid		Right		Left		Both	Right:	Left:
	Other specified forms of arthropathy		Right		Left		Both	Right:	Left:
	(excluding gout) (specify)	Ш	Rigin	Ш	Ltii	Ш	DUu		
		_						Diabte	
	Osteoporosis, residuals of] [Right		Left	_	Both	Right:	Left:
	Osteomalacia, residuals of]	Right		Left	_	Both	Right:	Left:
	Bones, neoplasm, benign]	Right		Left		Both	Right:	Left:
	Osteitis deformans		Right		Left	_	Both	Right:	Left:
	Gout		Right		Left		Both	Right:	Left:
	Bursitis		Right		Left	_	Both	Right:	Left:
	Myositis		Right		Left	_	Both	Right:	Left:
	Heterotopic ossification		Right		Left		Both	Right:	Left:
Ш	Tendinopathy (select one if known)		Right		Left	_	Both	Right:	Left:
	Tendinitis		Right		Left		Both	Right:	Left:
	Tendinosis		Right		Left	_	Both	Right:	Left:
	Tenosynovitis		Right]	Left	_	Both	Right:	Left:
Ш	Inflammatory other types (specify)		Right	\Box	Left	\sqcup	Both	Right:	Left:
	, , , , ,	_							
	Other (specify)								
	Other diagnosis #1							- :	
I	Side affected: Right Le	:ft		Both	10	ICD Code: _		Date of diagnosis: Right:	Left:
I	Other diagnosis #2								
I	Side affected: Right Le			Both		ICD Code: _		Date of diagnosis: Right:	Left:
	If there are additional diagnoses that pertain	to ha	ind and f	inger con	ıditions	s, list using	above fo	rmat:	
				SE	CTIO	N II - MED	ICAL H	ISTORY	
2A. D	escribe the history (including onset and course)) of th	e Vetera	an's hand	. finge	r or thumb د	condition	(brief summary):	

SECTION II - MEDICA	L HISTORY (continued)					
2B. Does the Veteran report flare-ups of the hand, finger or thumb? Yes No including the frequency, duration, characteristics, precipitating and alleviating factors, seve symptoms.	·· / ,					
2C. Does the Veteran report having any functional loss or functional impairment of the join repeated use over time? Yes No If yes, document the Veteran's	t or extremity being evaluated on this questionnaire, including but not limited to after description of functional loss or functional impairment in his/her own words.					
SECTION III - RANGE OF MOTION (R						
There are several separate parameters requested for describing function of a joint. The que can be ascribed to any documented loss of range of motion; and, unlike later questions, doe questions take into account additional factors such as pain, fatigue, weakness, lack of endu whether or not that pain itself contributes to functional loss. Ideally, a claimant would be see feasible. Information regarding joint function on repetitive use is broken up into two subsets. The first associated with repeated use over time. The observed repetitive use section initially asks fo subset provides a more global picture of functional loss associated with repetitive use over the section initially asks for the provides a more global picture of functional loss associated with repetitive use over the section initially asks for the provides a more global picture of functional loss associated with repetitive use over the section initially asks for the provides a more global picture of functional loss associated with repetitive use over the section initially asks for the provides a more global picture of functional loss associated with repetitive use over the section initially asks for the provides a more global picture of functional loss associated with repetitive use over the provides and the provides are the provides and the provides and the provides are the provides are the provides and the provides are the provides and the provides are the provides are the provides are the provides are the prov	es not take into account the numerous other factors to be considered. Subsequent rance, or incoordination. If there is pain noted on examination, it is important to understand in immediately after repetitive use over time or during a flare-up; however, this is not always subset is based on observed repetitive use, and the second is based on functional loss or objective findings after three or more repetitions of range of motion testing. The second					
global view. This takes into account not only the objective findings noted on the examination medical evidence.						
Optimally, a description of any additional loss of function should be provided - such as what the degrees of range of motion would be opined to look like after repetitive use over time. However, when this is not feasible, an "as clear as possible" description of that loss should be provided. This same information (minus the three repetitions) is asked to be provided with regards to flare-ups. Instructions to the examiner for gap measurement: The position of function of the hand is with the wrist dorsiflexed 20 to 30 degrees, the metacarpophalangeal and						
proximal interphalangeal joints flexed to 30 degrees, and the thumb (digit						
Limitation of motion of the thumb should be measured with the thumb about the thumb and the finger pads, with the fingers considered a single unit.	ducted and rotated attempting to oppose the fingers. Measure the gap between the pads of					
RIGHT HAND	LEFT HAND					
3A. Initial ROM measurements	3A. Initial ROM measurements					
All normal	All normal Abnormal or outside of normal range					
Unable to test Not indicated	Unable to test Not indicated					
If "Unable to test" or "Not indicated", please explain:	If "Unable to test" or "Not indicated", please explain:					
If ROM is outside of "normal" range, but is normal for the Veteran (for reason other than a hand/fingers condition, such as age, body habitus, neurologic disease), please describe:	If ROM is outside of "normal" range, but is normal for the Veteran (for reason other than a hand/fingers condition, such as age, body habitus, neurologic disease), please describe:					
If abnormal, does the range of motion itself contribute to a functional loss? Yes No (if yes, please explain)	If abnormal, does the range of motion itself contribute to a functional loss? ☐ Yes ☐ No (if yes, please explain)					
	notion, and on both weight-bearing and nonweight-bearing. Examiners should also test the nedically contraindicated (such as it may cause the Veteran severe pain or the risk of further rved on examination (such as facial expression or wincing on pressure or manipulation).					
Can testing be performed?	Can testing be performed? Yes No If no, provide an explanation:					
If this is the unclaimed joint, is it: Damaged Undamaged	If this is the unclaimed joint, is it: Damaged Undamaged					
If undamaged, range of motion testing must be conducted.	If undamaged, range of motion testing must be conducted.					

SECTION III - RANGE OF MOTION (ROM) AND FUNCTIONAL LIMITATION (continued)

For the index, long, ring, and little fingers (digits II, III, IV, and V), zero degrees of flexion represents the fingers fully extended, making a straight line with the rest of the hand. The position of function of the hand is with the wrist dorsiflexed 20 to 30 degrees, the metacarpophalangeal and proximal interphalangeal joints flexed to 30 degrees, and the thumb (digit I) abducted and rotated so that the thumb pad faces the finger pads. Only joints in these positions are considered to be in favorable position. For digits II through V, the metacarpophalangeal joint has a range of zero to 90 degrees of flexion, the proximal interphalangeal joint has a range of zero to 70 or 80 degrees of flexion.

RIGHT HAND				LEFT HAND			
Active Range of Motion (ROM) values.	- Perform active ranç	ge of motion and pro	vide the ROM	Active Range of Motion (ROM) - Perform active range of motion and provide the ROM values.			
Index finger	MCP	PIP	DIP	Index finger	MCP	PIP	DIP
Flexion endpoint	90 deg	100 deg	70 deg	Flexion endpoint	90 deg	100 deg	70 deg
Extension endpoint	0 deg	0 deg	0 deg	Extension endpoint	0 deg	0 deg	0 deg
Long finger	MCP	PIP	DIP	Long finger	MCP	PIP	DIP
Flexion endpoint	90 deg	100 deg	70 deg	Flexion endpoint	90 deg	100 deg	70 deg
Extension endpoint	0 deg	0 deg	0 deg	Extension endpoint	0 deg	0 deg	0 deg
Ring finger	MCP	PIP	DIP	Ring finger	MCP	PIP	DIP
Flexion endpoint	90 deg	100 deg	70 deg	Flexion endpoint	90 deg	100 deg	70 deg
Extension endpoint	0 deg	0 deg	0 deg	Extension endpoint	0 deg	0 deg	0 deg
Little finger	MCP	PIP	DIP	Little finger	MCP	PIP	DIP
Flexion endpoint	90 deg	100 deg	70 deg	Flexion endpoint	90 deg	100 deg	70 deg
Extension endpoint	0 deg	0 deg	0 deg	Extension endpoint	0 deg	0 deg	0 deg
Thumb	MCP	IP		Thumb	MCP	IP	
Flexion endpoint	100 deg	90 deg		Flexion endpoint	100 deg	90 deg	
Extension endpoint	0 deg	0 deg		Extension endpoint	0 deg	0 deg	
Is there a gap between the pad	of the thumb and fin	gers?		Is there a gap between the pac	of the thumb and fin	gers?	
Yes No	cm			Yes No cm			
Is there a gap between the fing maximal finger flexion?		everse crease of the	hand on	Is there a gap between the finger and proximal transverse crease of the hand on maximal finger flexion? Yes No			
Index Finger c	m Long Finger	cm		Index Finger cm Long Finger cm			
Is there objective evidence of lo associated soft tissue? Ye severity, and relationship to con	es 🗌 No Ify	or pain on palpation of es, please explain. I		Is there objective evidence of localized tenderness or pain on palpation of the joint or associated soft tissue? Yes No If yes, please explain. Include location, severity, and relationship to condition(s).			
If noted an examination which	digit auchihitad pain (a	alast all that apply		If noted an eveningtion which	digit avhibited pain (salast all that apply	
If noted on examination, which	Long finger	_		If noted on examination, which digit exhibited pain (select all that apply):			
☐ Index finger ☐	Little finger	Thumb		Index finger	Little finger	Thumb	
King linger	Little linger			Ring finger	Little finger		
If any limitation of motion or gap is specifically attributable to pain, weakness, fatigability, incoordination, or other; please note the degree(s) (if different than above) in which limitation of motion or gap is specifically attributable to the factors identified and describe.				If any limitation of motion or ga incoordination, or other; please limitation of motion or gap is sp	note the degree(s) (i	f different than above	e) in which

SECTION III - RANGE OF MOTION (ROM) AND FUNCTIONAL LIMITATION (continued)						
RIGHT HAND	LEFT HAND					
3A. Initial ROM measurements (continued)	3A. Initial ROM measurements (continued)					
Passive Range of Motion - Perform passive range of motion for the hand and fing provide the ROM values.	gers and Passive Range of Motion - Perform passive range of motion for the hand and fingers and provide the ROM values.					
Index finger MCP PIP DIP	Index finger MCP PIP DIP					
Flexion endpoint 90 deg 100 deg 7	70 deg Flexion endpoint 90 deg 100 deg 70 deg					
Extension endpoint0 deg0 deg0	0 deg					
Flexion same as active ROM Extension same as active	e ROM Flexion same as active ROM Extension same as active ROM					
Long finger MCP PIP DIP	Long finger MCP PIP DIP					
Flexion endpoint 90 deg 100 deg 7	70 deg Flexion endpoint 90 deg 100 deg 70 deg					
Extension endpoint 0 deg 0 deg 0	0 deg Extension endpoint 0 deg 0 deg 0 deg					
Flexion same as active ROM Extension same as active						
Ring finger MCP PIP DIP	Ring finger MCP PIP DIP					
Flexion endpoint 90 deg 100 deg 7	70 deg Flexion endpoint 90 deg 100 deg 70 deg					
Extension endpoint 0 deg 0 deg 0	0 deg Extension endpoint 0 deg 0 deg 0 deg					
Flexion same as active ROM Extension same as active	e ROM Flexion same as active ROM Extension same as active ROM					
Little finger MCP PIP DIP	Little finger MCP PIP DIP					
Flexion endpoint 90 deg 100 deg 7	70 deg Flexion endpoint 90 deg 100 deg 70 deg					
Extension endpoint 0 deg 0 deg 0	0 deg Extension endpoint 0 deg 0 deg 0 deg					
Flexion same as active ROM Extension same as active	e ROM					
Thumb MCP IP	Thumb MCP IP					
Flexion endpoint100 deg90 deg	Flexion endpoint100 deg90 deg					
Extension endpoint 0 deg 0 deg	Extension endpoint 0 deg 0 deg					
Flexion same as active ROM Extension same as active						
Is there a gap between the pad of the thumb and fingers on passive ROM?	Is there a gap between the pad of the thumb and fingers on passive ROM?					
Yes No cm	Yes No cm					
Is there a gap between the finger and proximal transverse crease of the hand on maximal finger flexion on passive ROM? Yes No	Is there a gap between the finger and proximal transverse crease of the hand on maximal finger flexion on passive ROM? Yes No					
Index Finger cm Long Finger cm	Index Finger cm Long Finger cm					
Is there objective evidence of localized tenderness or pain on palpation of the join associated soft tissue on passive ROM? Yes No If yes, please of Include location, severity, and relationship to condition(s).						

	SECTION I	III - RANGE OF M	IOTION (ROM)	AND FUNCTIONAL LIMITAT	ΓΙΟΝ (continued)		
RIGHT HAND				LEFT HAND			
3A. Initial ROM measurements	(continued)			3A. Initial ROM measurement	s (continued)		
If noted on examination, which d	igit on passive ROM	exhibited pain (sele	ect all that apply):	If noted on examination, which	digit on passive ROM	exhibited pain (sele	ct all that apply):
☐ Index finger ☐	Long finger	Thumb		☐ Index finger ☐	Long finger	Thumb	
Ring finger	Little finger			Ring finger	Little finger		
If any limitation of motion or gap incoordination, or other; please limitation of motion or gap is spe	note the degree(s) (if different than abov	e) in which	If any limitation of motion or g incoordination, or other; pleas limitation of motion or gap is s	e note the degree(s) (if different than abov	e) in which
Is there evidence of pain?] Yes 🔲 No	o If yes check all	that apply.	Is there evidence of pain?	Yes No	o If yes check all the	hat apply.
weight-bearing	nonweight-bea	aring		weight-bearing	nonweight-be	aring	
active motion	passive motio	n on rest/	non-movement	active motion	passive motio	n	non-movement
causes functional loss (if of describe in the comments		does not result in/ca	ause functional	causes functional loss (i describe in the commen		does not result in/ca	ause functional
Comments:				Comments:			
3B. Observed repetitive use RC	M			3B. Observed repetitive use R	ROM		
Is the Veteran able to perform repetitions?		with at least three se explain:		Is the Veteran able to perform repetitions? Yes	repetitive-use testing No If no, please		
Is there additional loss of function	on or range of motio	n after three repetition	ons?	Is there additional loss of fund	tion or range of motion	n after three repetitio	ns?
If yes, please respond to the fol	lowing after the com	pletion of the three	repetitions:	If yes, please respond to the f	ollowing after the com	pletion of the three re	epetitions:
Index finger	MCP	PIP	DIP	Index finger	MCP	PIP	DIP
Flexion endpoint	90 deg	100 deg	70 deg	Flexion endpoint	90 deg	100 deg	70 deg
Extension endpoint	0 deg	0 deg	0 deg	Extension endpoint	0 deg	0 deg	0 deg
Long finger	MCP	PIP	DIP	Long finger	MCP	PIP	DIP
Flexion endpoint	90 deg	100 deg	70 deg	Flexion endpoint	90 deg	100 deg	70 deg
Extension endpoint	0 deg	0 deg	0 deg	Extension endpoint	0 deg	0 deg	0 deg
Ring finger	МСР	PIP	DIP	Ring finger	MCP	PIP	DIP
Flexion endpoint	90 deg	100 deg	70 deg	Flexion endpoint	90 deg	100 deg	70 deg
Extension endpoint	0 deg	0 deg	0 deg	Extension endpoint	0 deg	0 deg	0 deg
Little finger	MCP	PIP	DIP	Little finger	MCP	PIP	DIP
Flexion endpoint	90 deg	100 deg	70 deg	Flexion endpoint	90 deg	100 deg	70 deg
Extension endpoint	0 deg	0 deg	0 deg	Extension endpoint	0 deg	0 deg	0 deg

	SECTION I	II - RANGE OF M	OTION (ROM)	AND FUNCTIONAL LIMITATION	ON (continued)		
RIGHT HAND				LEFT HAND			
3B. Observed repetitive use RC	M (continued)			3B. Observed repetitive use ROM (continued)			
If yes, please respond to the fol	lowing after the com	pletion of the three re	epetitions:	If yes, please respond to the following	owing after the com	pletion of the three re	epetitions:
Thumb	MCP	IP		Thumb	MCP	IP	
Flexion endpoint	100 deg	90 deg		Flexion endpoint	100 deg	90 deg	
Extension endpoint	0 deg	0 deg		Extension endpoint	0 deg	0 deg	
Is there a gap between the pad repetitions?	_	gers after the comple	etion of three	Is there a gap between the pad repetitions?		gers after the compl	etion of three
		<u>—</u>	hand an maximal			<u>—</u>	hand an maximal
Is there a gap between the finge finger flexion after the completion			No	Is there a gap between the finge finger flexion after the completio			No No
Index Finger c	m Long Finger	cm		Index Finger cr	m Long Finger	cm	
Select factors that cause this fur	nctional loss: (check	all that apply)		Select factors that cause this fur	nctional loss: (check	all that apply)	
Pain Fatigability	Weakness	Lack of end	durance	☐ Pain ☐ Fatigability	Weakness	Lack of en	durance
Incoordination	Other		□ N/A	Incoordination	Other		□ N/A
use over time in terms of addition	onal loss of range of	motion or gap. In the	e exam report, the	nether pain could significantly limit for examiner is requested to provide a not directly observed during a flare-	an estimate of decre	ased range of motio	
3C. Repeated use over time				3C. Repeated use over time			
Is the Veteran being examined immediately after repeated use over time? Yes No				Is the Veteran being examined in Yes No	mmediately after rep	peated use over time	?
Does procured evidence (statements from the Veteran) suggest pain, fatigability, weakness, lack of endurance, or incoordination which significantly limits functional ability with repeated use over time? Yes No				Does procured evidence (statements from the Veteran) suggest pain, fatigability, weakness, lack of endurance, or incoordination which significantly limits functional ability with repeated use over time? Yes No			
Select factors that cause this fu	nctional loss. (Chec	ck all that apply)		Select factors that cause this fur	nctional loss. (Chec	k all that apply)	
Pain Fatigability	Weakness	Lack of end	lurance	☐ Pain ☐ Fatigability	Weakness	Lack of end	lurance
Incoordination	Other		□ N/A	☐ Incoordination ☐	Other		□ N/A
Estimate range of motion in deg time based on information procu the Veteran.	•	, ,		Estimate range of motion in degrees for this joint immediately after repeated use over time based on information procured from relevant sources including the lay statements of the Veteran.			
Index finger	MCP	PIP	DIP	Index finger	MCP	PIP	DIP
Flexion endpoint	90 deg	100 deg	70 deg	Flexion endpoint	90 deg	100 deg	70 deg
Extension endpoint	0 deg	0 deg	0 deg	Extension endpoint	0 deg	0 deg	0 deg
Long finger	MCP	PIP	DIP	Long finger	MCP	PIP	DIP
Flexion endpoint	90 deg	100 deg	70 deg	Flexion endpoint	90 deg	100 deg	70 deg
Extension endpoint	0 deg	0 deg	0 deg	Extension endpoint	0 deg	0 deg	0 deg
Ring finger	MCP	PIP	DIP	Ring finger	MCP	PIP	DIP
Flexion endpoint	90 deg	100 deg	70 deg	Flexion endpoint	90 deg	100 deg	70 deg
Extension endpoint	0 deg	0 deg	0 deg	Extension endpoint	0 deg	0 deg	
Little finger	MCP	PIP	DIP	Little finger	MCP	PIP	DIP
Flexion endpoint	90 deg	100 deg	70 deg	Flexion endpoint	90 deg	100 deg	70 deg
Extension endpoint	0 deg	0 deg	0 deg	Extension endpoint	0 deg	0 deg	0 deg

	SECTION I	II - RANGE OF M	IOTION (ROM)	AND FUNCTIONAL LIMITATION	ON (continued)		
RIGHT HAND				LEFT HAND			
3C. Repeated use over time (co	ontinued)			3C. Repeated use over time (cor	ntinued)		
Estimate range of motion in deg time based on information procu the Veteran.				Estimate range of motion in degretime based on information procuthe Veteran.			
Thumb	MCP	IP		Thumb	MCP	IP	
Flexion endpoint	100 deg	90 deg		Flexion endpoint	100 deg	90 deg	
Extension endpoint	0 deg	0 deg		Extension endpoint	0 deg	0 deg	
Estimate the gap between the p use over time.	ad of the thumb and	fingers immediately	after repeated	Estimate the gap between the pause over time.		fingers immediately	after repeated
Estimate the gap between the fi maximal finger flexion immediated Index Finger c		e over time.	the hand on	Estimate the gap between the fir maximal finger flexion immediate	ely after repeated us	e over time.	
The examiner should provide the of all procurable information - to specific evidence (to include me evidence), and the examiner's rand assembled data, the examinestimate, the examiner should explanation should not be base offering an estimate on issues replease cite and discuss evidence procurable evidence.)	o include the Veteran edical treatment reco medical expertise. If, iner determines that explain why an estim d on an examiner's s not directly observed	's statement on exa rds when applicable after evaluation of t t is not feasible to p ate cannot be provious thortcomings or a ge	mination, case- e and lay he procurable rovide this ded. The eneral aversion to	The examiner should provide the of all procurable information - to specific evidence (to include meevidence), and the examiner's mand assembled data, the examinestimate, the examiner should explanation should not be based offering an estimate on issues not procurable evidence.)	include the Veteran's dical treatment recornedical expertise. If, a ner determines that it xplain why an estima d on an examiner's sloot directly observed.	s statement on exar ds when applicable after evaluation of the is not feasible to preate cannot be provide nortcomings or a ge	nination, case- and lay le procurable ovide this ed. The neral aversion to
3D. Flare-ups				3D. Flare-ups			
Is the examination being conduc	cted during a flare-ur)?	□ No	Is the examination being conduc	cted during a flare-up		
Does procured evidence (stater weakness, lack of endurance, with flare-ups? Yes	ments from the Veter	an) suggest pain, fa	itigability,	Does procured evidence (statem weakness, lack of endurance, o with flare-ups? Yes	nents from the Vetera	an) suggest pain, fat	igability,
Select factors that cause this fu	nctional loss. (Check	all that apply)		Select factors that cause this fur	nctional loss. (Check	all that apply)	
Pain Fatigability	Weakness	Lack of end	durance	Pain Fatigability	Weakness	Lack of end	lurance
Incoordination	Other		□ N/A	Incoordination] Other		□ N/A
Estimate range of motion in deg procured from relevant sources				Estimate range of motion in degree procured from relevant sources in			
Index finger	MCP	PIP	DIP	Index finger	MCP	PIP	DIP
Flexion endpoint	90 deg	100 deg	70 deg	Flexion endpoint	90 deg	100 deg	70 deg
Extension endpoint	0 deg	0 deg	0 deg	Extension endpoint	0 deg	0 deg	0 deg
Long finger	MCP	PIP	DIP	Long finger	MCP	PIP	DIP
Flexion endpoint	90 deg	100 deg	70 deg	Flexion endpoint	90 deg	100 deg	70 deg
Extension endpoint	0 deg	0 deg	0 deg	Extension endpoint	0 deg	0 deg	0 deg
Ring finger	MCP	PIP	DIP	Ring finger	MCP	PIP	DIP
Flexion endpoint	90 deg	100 deg	70 deg	Flexion endpoint	90 deg	100 deg	70 deg
Extension endpoint	0 deg	0 deg	0 deg	Extension endpoint	0 deg	0 deg	0 deg

SECTION III - RANGE OF MOTION (ROM) AND FUNCTIONAL LIMITATION (continued)								
RIGHT HAND				LEFT	T HAND			
3D. Flare-ups (continued)	<u></u>			3D. F	3D. Flare-ups (continued)			
Estimate range of motion in degrinformation procured from releva					ate range of motion in degr nation procured from releva			
Little finger	MCP	PIP	DIP	Little 1	finger	MCP	PIP	DIP
Flexion endpoint	90 deg	100 deg	70 deg	Fle	exion endpoint	90 deg	100 deg	70 deg
Extension endpoint	0 deg	0 deg	0 deg	Ex	tension endpoint	0 deg	0 deg	0 deg
Thumb	MCP	IP		Thum	b	MCP	IP	
Flexion endpoint	100 deg	90 deg		Fle	exion endpoint	100 deg	90 deg	
Extension endpoint	0 deg	0 deg		Ex	tension endpoint	0 deg	0 deg	
Estimate the gap between the pa	ad of the thumb and	fingers during flare	-ups.	Estim	ate the gap between the pa	ad of the thumb a	nd fingers during flare	-ups.
Estimate the gap between the fin maximal finger flexion during flare		ansverse crease of	the hand on		ate the gap between the fin nal finger flexion during flar		transverse crease of	the hand on
Index Finger cm		iger (cm		dex Finger cn	•	Finger o	cm
The examiner should provide the estimated range of motion and gap based on a review of all procurable information - to include the Veteran's statement on examination, case-specific evidence (to include medical treatment records when applicable and lay evidence), and the examiner's medical expertise. If, after evaluation of the procurable and assembled data, the examiner determines that it is not feasible to provide this estimate, the examiner should explain why an estimate cannot be provided. The explanation should not be based on an examiner's shortcomings or a general aversion to offering an estimate on issues not directly observed. Please cite and discuss evidence. (Must be specific to the case and based on all procurable evidence.)					examiner should provide the procurable information - to ific evidence (to include med noce), and the examiner's sembled data, the examinate, the examiner should evaluation should not be based not an estimate on issues not e cite and discuss evidence rable evidence.)	include the Vetera dical treatment re- ledical expertise. her determines that xplain why an esti I on an examiner's ot directly observe	an's statement on exa cords when applicable If, after evaluation of t at it is not feasible to p imate cannot be provi- s shortcomings or a go ed.	amination, case- e and lay the procurable provide this ded. The eneral aversion to
3E. Additional factors contributing					dditional factors contributing			
In addition to those addressed at disability? Please select all that		•	factors of	1	dition to those addressed al ility? Please select all that		•	factors of
None		Interference with	sitting		None		Interference with	sitting
Interference with standing		Swelling			Interference with standing	.	Swelling	
Disturbance of locomotion	ı 🔲	Deformity			Disturbance of locomotion	٦ [Deformity	
Less movement than norm	nal 🔲	More movement to	than normal		Less movement than norr	mal [More movement t	han normal
Weakened movement		Atrophy of disuse	;		Weakened movement		Atrophy of disuse	
Instability of station		Other, describe:			Instability of station		Other, describe:	
Please describe additional contributing factors of disability:				Pleas	e describe additional contri	ibuting factors of	disability:	

SECTION IV - MUSCLE	STRENGTH TESTING
RIGHT HAND	LEFT HAND
4A. Muscle strength - Rate strength according to the following scale:	
0/5 No muscle movement 1/5 Palpable or visible muscle contraction, but no joint movement 2/5 Active movement with gravity eliminated 3/5 Active movement against gravity 4/5 Active movement against some resistance 5/5 Normal strength	
Hand grip: /5	Hand grip: /5
4B. If the Veteran has a reduction in muscle strength, is it due to the claimed condition in the diagnosis section? Yes No If no, provide rationale:	4B. If the Veteran has a reduction in muscle strength, is it due to the claimed condition in the diagnosis section? Yes No If no, provide rationale:
4C. Does the Veteran have muscle atrophy? Yes No	4C. Does the Veteran have muscle atrophy?
4D. If yes, is the muscle atrophy due to the claimed condition in the diagnosis section? Yes No If no, provide rationale:	4D. If yes, is the muscle atrophy due to the claimed condition in the diagnosis section? Yes No If no, provide rationale:
4E. For any muscle atrophy due to a diagnosis listed in Section 1, indicate specific location of atrophy, providing measurements in centimeters of normal side and corresponding atrophied side, measured at maximum muscle bulk.	4E. For any muscle atrophy due to a diagnosis listed in Section 1, indicate specific location of atrophy, providing measurements in centimeters of normal side and corresponding atrophied side, measured at maximum muscle bulk.
Right upper extremity (specify location of measurement):	Left upper extremity (specify location of measurement):
Circumference of more cm Circumference of atrophied side: cm	Circumference of more cm Circumference of normal side: cm atrophied side: cm
SECTION V	ANKYLOSIS
Note: Ankylosis is the immobilization of a joint due to disease, injury, or surgical procedure	.
RIGHT HAND	LEFT HAND
5A. Complete this section if the Veteran has ankylosis of any thumb or finger joints. Indicate severity of ankylosis and side affected (check all that apply):	5A. Complete this section if the Veteran has ankylosis of any thumb or finger joints. Indicate severity of ankylosis and side affected (check all that apply):
Index finger - MCP joint No ankylosis MCP ankylosis	Index finger - MCP joint
If ankylosed, is there rotation of a bone? Yes No If ankylosed, is there angulation of a bone? Yes No	If ankylosed, is there rotation of a bone? Yes ☐ No If ankylosed, is there angulation of a bone? Yes ☐ No
If ankylosed, what is the position of ankylosis?	If ankylosed, what is the position of ankylosis?
Other, degrees of flexion	Other, degrees of flexion
Index finger - PIP joint No ankylosis PIP ankylosis	Index finger - PIP joint
If ankylosed, is there Yes No If ankylosed, is there Yes No rotation of a bone?	If ankylosed, is there rotation of a bone? Yes ☐ No If ankylosed, is there angulation of a bone? Yes ☐ No
If ankylosed, what is the position of ankylosis?	If ankylosed, what is the position of ankylosis?
Other, degrees of flexion	Other, degrees of flexion

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SECTION V - ANKY	LOSIS (continued)
RIGHT HAND	LEFT HAND
Long finger - MCP joint	Long finger - MCP joint
If ankylosed, is there Yes No If ankylosed, is there Yes No rotation of a bone?	If ankylosed, is there rotation of a bone? Yes No If ankylosed, is there angulation of a bone? No No
If ankylosed, what is the position of ankylosis?	If ankylosed, what is the position of ankylosis?
Other, degrees of flexion	Other, degrees of flexion
Long finger - PIP joint	Long finger - PIP joint
If ankylosed, is there Yes No If ankylosed, is there Yes No rotation of a bone?	If ankylosed, is there rotation of a bone? Yes No If ankylosed, is there angulation of a bone? No No
If ankylosed, what is the position of ankylosis? □ In extension □ In full flexion	If ankylosed, what is the position of ankylosis?
Other, degrees of flexion	Other, degrees of flexion
Ring finger - MCP joint	Ring finger - MCP joint
If ankylosed, is there Yes No If ankylosed, is there Yes No rotation of a bone?	If ankylosed, is there rotation of a bone? Yes No If ankylosed, is there angulation of a bone? No No
If ankylosed, what is the position of ankylosis?	If ankylosed, what is the position of ankylosis?
Other, degrees of flexion	Other, degrees of flexion
Ring finger - PIP joint	Ring finger - PIP joint
If ankylosed, is there ☐ Yes ☐ No If ankylosed, is there ☐ Yes ☐ No rotation of a bone? ☐ Yes ☐ No	If ankylosed, is there rotation of a bone? Yes No If ankylosed, is there angulation of a bone? No No
If ankylosed, what is the position of ankylosis?	If ankylosed, what is the position of ankylosis?
Other, degrees of flexion	Other, degrees of flexion
Little finger - MCP joint	Little finger - MCP joint
If ankylosed, is there Yes No If ankylosed, is there Yes No rotation of a bone?	If ankylosed, is there rotation of a bone? Yes No If ankylosed, is there angulation of a bone? No No
If ankylosed, what is the position of ankylosis?	If ankylosed, what is the position of ankylosis?
Other, degrees of flexion	Other, degrees of flexion
Little finger - PIP joint	Little finger - PIP joint
If ankylosed, is there ☐ Yes ☐ No If ankylosed, is there ☐ Yes ☐ No rotation of a bone? ☐ Yes ☐ No	If ankylosed, is there rotation of a bone? Yes No If ankylosed, is there angulation of a bone? No No
If ankylosed, what is the position of ankylosis?	If ankylosed, what is the position of ankylosis?
Other, degrees of flexion	Other, degrees of flexion
Thumb - CMC joint	Thumb - CMC joint
If ankylosed, is there Yes No If ankylosed, is there Angulation of a bone?	If ankylosed, is there rotation of a bone? Yes No If ankylosed, is there angulation of a bone? Yes No
If ankylosed, what is the position of ankylosis?	If ankylosed, what is the position of ankylosis?
Other, degrees of flexion	Other, degrees of flexion
Thumb - MCP joint	Thumb - MCP joint
If ankylosed, is there Yes No If ankylosed, is there Yes No rotation of a bone?	If ankylosed, is there rotation of a bone? Yes No If ankylosed, is there angulation of a bone? No No
If ankylosed, what is the position of ankylosis?	If ankylosed, what is the position of ankylosis?
Other, degrees of flexion	Other, degrees of flexion
Thumb - IP joint	Thumb - IP joint
If ankylosed, is there Yes No If ankylosed, is there Yes No rotation of a bone?	If ankylosed, is there rotation of a bone? Yes No If ankylosed, is there angulation of a bone? Yes No
If ankylosed, what is the	If ankylosed, what is the position of ankylosis?
Other, degrees of flexion	Other, degrees of flexion

SECTION V - ANKYLOSIS (continued)							
RIGHT HAND	LEFT HAND						
5B. Does the ankylosis result in limitation of motion of other digits or interference with overall function of the hand? Yes No If yes, please describe and provide rationale for your response	5B. Does the ankylosis result in limitation of motion of other digits or interference with overall function of the hand? Yes No If yes, please describe and provide rationale for your response						
SECTION VI - OTHER PERTINENT PHYSICAL FINDINGS, COM	MPLICATIONS, CONDITIONS, SIGNS, SYMPTOMS, AND SCARS						
6A. Does the Veteran have any other pertinent physical findings, complications, conditions, signs or symptoms related to any conditions listed in the diagnosis section above. Yes No If yes, describe (brief summary):							
6B. Does the Veteran have any scars or other disfigurement (of the skin) related to any conditions or to the treatment of any conditions listed in the diagnosis section above? Yes No If yes, also complete the appropriate dermatological questionnaire.							
SECTION VII - AS	SSISTIVE DEVICES						
7A. Does the Veteran use any assistive devices? Yes No							
If yes, identify the assistive devices used (check all that apply and indicate frequency):							
☐ Brace Fr	equency of use: Occasional Regular Constant						
Other, describe:	equency of use: Occasional Regular Constant						
7B. If the Veteran uses any assistive devices, specify the condition, indicate the side, and	identify the assistive device used for each condition.						
SECTION VIII - REMAINING EFFECT	IVE FUNCTION OF THE EXTREMITIES						
Note: The intention of this section is to permit the examiner to quantify the level of remain amputation with fitting of a prosthesis. For example, if the functions of grasping (hand) or examiner should check "yes" and describe the diminished functioning. The question simp the affected limb.							
8A. Due to the Veteran's hand, finger, or thumb condition(s), is there functional impairmer equally well served by an amputation with prosthesis (functions of the upper extremity incl							
Yes, functioning is so diminished that amputation with prosthesis would equally se	rve the Veteran No						
If yes, indicate extremities for which this applies:	Left upper						
8B. For each checked extremity, identify the condition causing loss of function, describe lo	oss of effective function and provide specific examples (brief summary):						
SECTION IX - DIA	GNOSTIC TESTING						
Note: Testing listed below is not indicated for every condition. The diagnosis of degeneral studies. Once such arthritis has been documented, even if in the past, no further imaging							
9A. Have imaging studies been performed in conjunction with this examination?	es No						
9B. If yes, is degenerative or post-traumatic arthritis documented?	No						
Indicate side: Right Left Both							
9C. Is degenerative or post-traumatic arthritis documented in multiple joints of the same h	and, including thumb and fingers?						
If yes, indicate side: Right Left Both							

SECTION IX - DIAGNOSTIC TESTING (continued)
9D. If yes (to 9B and/or 9C), provide type of test or procedure, date, and results (brief summary):
9E. Are there any other significant diagnostic test findings or results related to the claimed condition(s) and/or diagnosis(es), that were reviewed in conjunction with this examination? Yes No If yes, provide type of test or procedure, date, and results (brief summary):
9F. If any test results are other than normal, indicate relationship of abnormal findings to diagnosed conditions:
9F. II ally test results are other than normal, indicate relationship of abnormal midnigs to diagnosed conditions.
SECTION V. FUNCTIONAL IMPACT
SECTION X - FUNCTIONAL IMPACT Note: Provide the impact of only the diagnosed condition(c), without consideration of the impact of other medical conditions or factors, such as ago
Note: Provide the impact of only the diagnosed condition(s), without consideration of the impact of other medical conditions or factors, such as age. 10A. Regardless of the Veteran's current employment status, do the conditions listed in the diagnosis section impact his/her ability to perform any type of occupational task (such as
standing, walking, lifting, sitting, etc.)? Yes No If yes, describe the functional impact of each condition, providing one or more examples:
SECTION XI - REMARKS
11A. Remarks (if any - please identify the section to which the remark pertains when appropriate).
TTA. Refliants (II affly - please identity the section to which the remain pertains when appropriate).
OPOTION VIL EVAMINEDIS CERTIFICATION AND SIGNATURE
SECTION XII - EXAMINER'S CERTIFICATION AND SIGNATURE
CERTIFICATION - To the best of my knowledge, the information contained herein is accurate, complete and current.
12A. Examiner's signature: 12B. Examiner's printed name and title (e.g. MD, DO, DDS, DMD, Ph.D, Psy.D, NP, PA-C):
12C. Examiner's Area of Practice/Specialty (e.g. Cardiology, Orthopedics, Psychology/Psychiatry, General Practice): 12D. Date Signed:
12E. Examiner's phone/fax numbers: 12F. National Provider Identifier (NPI) number: 12G. Medical license number and state:
12H. Examiner's address:

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