

**WRIST CONDITIONS
DISABILITY BENEFITS QUESTIONNAIRE**

Name of Claimant/Veteran:

Claimant/Veteran's Social Security Number:

Date of Examination:

IMPORTANT - THE DEPARTMENT OF VETERANS AFFAIRS (VA) **WILL NOT PAY OR REIMBURSE** ANY EXPENSES OR COST INCURRED IN THE PROCESS OF COMPLETING AND/OR SUBMITTING THIS FORM.

Note - The Veteran is applying to the U.S. Department of Veterans Affairs (VA) for disability benefits. VA will consider the information you provide on this questionnaire as part of their evaluation in processing the Veteran's claim. VA may obtain additional medical information, including an examination, if necessary, to complete VA's review of the veteran's application. VA reserves the right to confirm the authenticity of ALL questionnaires completed by providers. **It is intended that this questionnaire will be completed by the Veteran's provider.**

Are you completing this Disability Benefits Questionnaire at the request of:

Veteran/Claimant

Other: please describe

Are you a VA Healthcare provider? Yes No

Is the Veteran regularly seen as a patient in your clinic? Yes No

Was the Veteran examined in person? Yes No

If no, how was the examination conducted?

EVIDENCE REVIEW

Evidence reviewed:

No records were reviewed

Records reviewed

Please identify the evidence reviewed (e.g. service treatment records, VA treatment records, private treatment records) and the date range.

DOMINANT HAND

Dominant hand: Right Left Ambidextrous

SECTION I - DIAGNOSIS

1A. List the claimed conditions that pertain to this questionnaire:

SECTION I - DIAGNOSIS (continued)

Note: These are the diagnoses determined during this current evaluation of the claimed condition(s) listed above. If there is no diagnosis, if the diagnosis is different from a previous diagnosis for this condition, or if there is a diagnosis of a complication due to the claimed condition, explain your findings and reasons in the Remarks Section. Date of diagnosis can be the date of the evaluation if the clinician is making the initial diagnosis or an approximate date determined through record review or reported history.

1B. Select diagnoses associated with the claimed condition(s) (check all that apply):

The Veteran does not have a current diagnosis associated with any claimed conditions listed above. (Explain your findings and reasons in the Remarks Section)

	Side affected:			ICD Code:	Date of diagnosis:	
	Right	Left	Both	_____	Right: _____	Left: _____
<input type="checkbox"/> Wrist sprain, chronic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> Ganglion cyst	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> Carpal metacarpal (CMC) arthritis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> Triangular fibrocartilaginous complex (TFCC) injury	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> DeQuervain's syndrome	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> Carpal instability (intercalated segment/midcarpal/scapholunate dissociation)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> Avascular necrosis of carpal bones	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> Wrist arthroplasty (total/ulnar head replacement)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> Ankylosis of wrist	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> Degenerative arthritis, other than post-traumatic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> Arthritis, gonorrheal	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> Arthritis, pneumococcal	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> Arthritis, streptococcal	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> Arthritis, syphilitic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> Arthritis, rheumatoid (multi-joints)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> Post-traumatic arthritis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> Arthritis, typhoid	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> Other specified forms of arthropathy (excluding gout) (specify)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<hr/>						
<input type="checkbox"/> Osteoporosis, residuals of	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> Osteomalacia, residuals of	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> Bones, neoplasm, benign	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> Osteitis deformans	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> Gout	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> Bursitis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> Myositis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> Heterotopic ossification	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> Tendinopathy (select one if known)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> Tenosynovitis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> Tendinitis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> Tendinosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____
<input type="checkbox"/> Inflammatory other types (specify)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	Right: _____	Left: _____

Other (specify)

Other diagnosis #1 _____

Side affected: Right Left Both ICD Code: _____ Date of diagnosis: Right: _____ Left: _____

Other diagnosis #2 _____

Side affected: Right Left Both ICD Code: _____ Date of diagnosis: Right: _____ Left: _____

If there are additional diagnoses that pertain to wrist conditions, list using above format:

SECTION II - MEDICAL HISTORY

2A. Describe the history (including onset and course) of the Veteran's wrist condition (brief summary):

2B. Does the Veteran report flare-ups of the wrist? Yes No If yes, document the Veteran's description of the flare-ups he or she experiences, including the frequency, duration, characteristics, precipitating and alleviating factors, severity and/or extent of functional impairment he or she experiences during a flare-up of symptoms.

2C. Does the Veteran report having any functional loss or functional impairment of the joint or extremity being evaluated on this questionnaire, including but not limited to after repeated use over time? Yes No If yes, document the Veteran's description of functional loss or functional impairment in his/her own words.

SECTION III - RANGE OF MOTION (ROM) AND FUNCTIONAL LIMITATION

There are several separate parameters requested for describing function of a joint. The question "Does this ROM contribute to a functional loss?" asks if there is a functional loss that can be ascribed to any documented loss of range of motion; and, unlike later questions, does not take into account the numerous other factors to be considered. Subsequent questions take into account additional factors such as pain, fatigue, weakness, lack of endurance, or incoordination. If there is pain noted on examination, it is important to understand whether or not that pain itself contributes to functional loss. Ideally, a claimant would be seen immediately after repetitive use over time or during a flare-up; however, this is not always feasible.

Information regarding joint function on repetitive use is broken up into two subsets. The first subset is based on observed repetitive use, and the second is based on functional loss associated with repeated use over time. The observed repetitive use section initially asks for objective findings after three or more repetitions of range of motion testing. The second subset provides a more global picture of functional loss associated with repetitive use over time. The latter takes into account medical probability of additional functional loss as a global view. This takes into account not only the objective findings noted on the examination, but also the subjective history provided by the claimant, as well as review of the available medical evidence.

Optimally, a description of any additional loss of function should be provided - such as what the degrees of range of motion would be opined to look like after repetitive use over time. However, when this is not feasible, an "as clear as possible" description of that loss should be provided. This same information (minus the three repetitions) is asked to be provided with regards to flare-ups.

RIGHT WRIST	LEFT WRIST
3A. Initial ROM measurements	3A. Initial ROM measurements
<input type="checkbox"/> All normal <input type="checkbox"/> Abnormal or outside of normal range <input type="checkbox"/> Unable to test <input type="checkbox"/> Not indicated	<input type="checkbox"/> All normal <input type="checkbox"/> Abnormal or outside of normal range <input type="checkbox"/> Unable to test <input type="checkbox"/> Not indicated
If "Unable to test" or "Not indicated" please explain:	If "Unable to test" or "Not indicated" please explain:
<div style="border: 1px solid black; height: 50px;"></div>	<div style="border: 1px solid black; height: 50px;"></div>
If ROM is outside of "normal" range, but is normal for the Veteran (for reason other than a wrist condition, such as age, body habitus, neurologic disease), please describe:	If ROM is outside of "normal" range, but is normal for the Veteran (for reason other than a wrist condition, such as age, body habitus, neurologic disease), please describe:
<div style="border: 1px solid black; height: 40px;"></div>	<div style="border: 1px solid black; height: 40px;"></div>
If abnormal, does the range of motion itself contribute to a functional loss? <input type="checkbox"/> Yes <input type="checkbox"/> No (if yes, please explain)	If abnormal, does the range of motion itself contribute to a functional loss? <input type="checkbox"/> Yes <input type="checkbox"/> No (if yes, please explain)
<div style="border: 1px solid black; height: 40px;"></div>	<div style="border: 1px solid black; height: 40px;"></div>

Note: For any joint condition, examiners should address pain on both passive and active motion, and on both weight-bearing and nonweight-bearing. Examiners should also test the contralateral joint (unless medically contraindicated). If testing cannot be performed or is medically contraindicated (such as it may cause the Veteran severe pain or the risk of further injury), an explanation must be given below. Please note any characteristics of pain observed on examination (such as facial expression or wincing on pressure or manipulation).

SECTION III - RANGE OF MOTION (ROM) AND FUNCTIONAL LIMITATION (continued)

RIGHT WRIST

LEFT WRIST

3A. Initial ROM measurements (continued)

3A. Initial ROM measurements (continued)

Can testing be performed? Yes No If no, provide an explanation:

Can testing be performed? Yes No If no, provide an explanation:

If this is the unclaimed joint, is it: Damaged Undamaged

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If undamaged, range of motion testing must be conducted.

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Active Range of Motion (ROM) - Perform active ROM and provide the ROM values:

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Dorsiflexion endpoint (70 degrees): _____ degrees

Dorsiflexion endpoint (70 degrees): _____ degrees

Palmar flexion endpoint (80 degrees): _____ degrees

Palmar flexion endpoint (80 degrees): _____ degrees

Ulnar deviation endpoint (45 degrees): _____ degrees

Ulnar deviation endpoint (45 degrees): _____ degrees

Radial deviation endpoint (20 degrees): _____ degrees

Radial deviation endpoint (20 degrees): _____ degrees

If noted on examination, which ROM exhibited pain? (Select all that apply.)

If noted on examination, which ROM exhibited pain? (Select all that apply.)

- Dorsiflexion Ulnar deviation
 Palmar flexion Radial deviation

- Dorsiflexion Ulnar deviation
 Palmar flexion Radial deviation

If any limitation of motion is specifically attributable to pain, weakness, fatigability, incoordination, or other, please note the degree(s) in which limitation of motion is specifically attributable to the factors identified and describe.

If any limitation of motion is specifically attributable to pain, weakness, fatigability, incoordination, or other, please note the degree(s) in which limitation of motion is specifically attributable to the factors identified and describe.

_____ Dorsiflexion degree endpoint (if different than above) _____ Ulnar deviation degree endpoint (if different than above)
 _____ Palmar flexion degree endpoint (if different than above) _____ Radial deviation degree endpoint (if different than above)

_____ Dorsiflexion degree endpoint (if different than above) _____ Ulnar deviation degree endpoint (if different than above)
 _____ Palmar flexion degree endpoint (if different than above) _____ Radial deviation degree endpoint (if different than above)

Describe:

Describe:

Passive Range of Motion - Perform passive ROM and provide the ROM values.

Passive Range of Motion - Perform passive ROM and provide the ROM values.

Dorsiflexion endpoint (70 degrees): _____ degrees Same as active ROM

Dorsiflexion endpoint (70 degrees): _____ degrees Same as active ROM

Palmar flexion endpoint (80 degrees): _____ degrees Same as active ROM

Palmar flexion endpoint (80 degrees): _____ degrees Same as active ROM

Ulnar deviation endpoint (45 degrees): _____ degrees Same as active ROM

Ulnar deviation endpoint (45 degrees): _____ degrees Same as active ROM

Radial deviation endpoint (20 degrees): _____ degrees Same as active ROM

Radial deviation endpoint (20 degrees): _____ degrees Same as active ROM

If noted on examination, which passive ROM exhibited pain? (select all that apply):

If noted on examination, which passive ROM exhibited pain? (select all that apply):

- Dorsiflexion Ulnar deviation
 Palmar flexion Radial deviation

- Dorsiflexion Ulnar deviation
 Palmar flexion Radial deviation

If any limitation of motion is specifically attributable to pain, weakness, fatigability, incoordination, or other, please note the degree(s) in which limitation of motion is specifically attributable to the factors identified and describe.

If any limitation of motion is specifically attributable to pain, weakness, fatigability, incoordination, or other, please note the degree(s) in which limitation of motion is specifically attributable to the factors identified and describe.

_____ Dorsiflexion degree endpoint (if different than above) _____ Ulnar deviation degree endpoint (if different than above)
 _____ Palmar flexion degree endpoint (if different than above) _____ Radial deviation degree endpoint (if different than above)

_____ Dorsiflexion degree endpoint (if different than above) _____ Ulnar deviation degree endpoint (if different than above)
 _____ Palmar flexion degree endpoint (if different than above) _____ Radial deviation degree endpoint (if different than above)

Describe:

Describe:

Is there evidence of pain? Yes No If yes, check all that apply:

Is there evidence of pain? Yes No If yes, check all that apply:

- weight-bearing nonweight-bearing
 active motion passive motion on rest/non-movement
 causes functional loss (if checked describe in the comments box below) does not result in/cause functional loss

- weight-bearing nonweight-bearing
 active motion passive motion on rest/non-movement
 causes functional loss (if checked describe in the comments box below) does not result in/cause functional loss

SECTION III - RANGE OF MOTION (ROM) AND FUNCTIONAL LIMITATION (continued)

RIGHT WRIST	LEFT WRIST
3A. Initial ROM measurements (continued)	3A. Initial ROM measurements (continued)
<p>Comments:</p> <div style="border: 1px solid black; height: 60px; margin-bottom: 10px;"></div> <p>Is there objective evidence of crepitus? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Is there objective evidence of localized tenderness or pain on palpation of the joint or associated soft tissue? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, please explain. Include location, severity, and relationship to condition(s).</p> <div style="border: 1px solid black; height: 40px; margin-top: 10px;"></div>	<p>Comments:</p> <div style="border: 1px solid black; height: 60px; margin-bottom: 10px;"></div> <p>Is there objective evidence of crepitus? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Is there objective evidence of localized tenderness or pain on palpation of the joint or associated soft tissue? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, please explain. Include location, severity, and relationship to condition(s).</p> <div style="border: 1px solid black; height: 40px; margin-top: 10px;"></div>
3B. Observed repetitive use ROM	3B. Observed repetitive use ROM
<p>Is the Veteran able to perform repetitive-use testing with at least three repetitions? <input type="checkbox"/> Yes <input type="checkbox"/> No If no, please explain:</p> <div style="border: 1px solid black; height: 50px; margin-bottom: 10px;"></div> <p>Is there additional loss of function or range of motion after three repetitions? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>If yes, please respond to the following after the completion of the three repetitions:</p> <p>Dorsiflexion endpoint (70 degrees): _____ degrees</p> <p>Palmar flexion endpoint (80 degrees): _____ degrees</p> <p>Ulnar deviation endpoint (45 degrees): _____ degrees</p> <p>Radial deviation endpoint (20 degrees): _____ degrees</p> <p>Select factors that cause this functional loss. (Check all that apply):</p> <p><input type="checkbox"/> N/A <input type="checkbox"/> Pain <input type="checkbox"/> Fatigability <input type="checkbox"/> Weakness</p> <p><input type="checkbox"/> Lack of endurance <input type="checkbox"/> Incoordination</p> <p><input type="checkbox"/> Other _____</p>	<p>Is the Veteran able to perform repetitive-use testing with at least three repetitions? <input type="checkbox"/> Yes <input type="checkbox"/> No If no, please explain:</p> <div style="border: 1px solid black; height: 50px; margin-bottom: 10px;"></div> <p>Is there additional loss of function or range of motion after three repetitions? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>If yes, please respond to the following after the completion of the three repetitions:</p> <p>Dorsiflexion endpoint (70 degrees): _____ degrees</p> <p>Palmar flexion endpoint (80 degrees): _____ degrees</p> <p>Ulnar deviation endpoint (45 degrees): _____ degrees</p> <p>Radial deviation endpoint (20 degrees): _____ degrees</p> <p>Select factors that cause this functional loss. (Check all that apply):</p> <p><input type="checkbox"/> N/A <input type="checkbox"/> Pain <input type="checkbox"/> Fatigability <input type="checkbox"/> Weakness</p> <p><input type="checkbox"/> Lack of endurance <input type="checkbox"/> Incoordination</p> <p><input type="checkbox"/> Other _____</p>
<p>Note: When pain is associated with movement, the examiner must give a statement on whether pain could significantly limit functional ability during flare-ups and/or after repeated use over time in terms of additional loss of range of motion. In the exam report, the examiner is requested to provide an estimate of decreased range of motion (in degrees) that reflect frequency, duration, and during flare-ups - even if not directly observed during a flare-up and/or after repeated use over time.</p>	
3C. Repeated use over time	3C. Repeated use over time
<p>Is the Veteran being examined immediately after repeated use over time? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Does procured evidence (statements from the Veteran) suggest pain, fatigability, weakness, lack of endurance, or incoordination which significantly limits functional ability with repeated use over time? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Select factors that cause this functional loss. (Check all that apply):</p> <p><input type="checkbox"/> N/A <input type="checkbox"/> Pain <input type="checkbox"/> Fatigability <input type="checkbox"/> Weakness</p> <p><input type="checkbox"/> Lack of endurance <input type="checkbox"/> Incoordination</p> <p><input type="checkbox"/> Other _____</p>	<p>Is the Veteran being examined immediately after repeated use over time? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Does procured evidence (statements from the Veteran) suggest pain, fatigability, weakness, lack of endurance, or incoordination which significantly limits functional ability with repeated use over time? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Select factors that cause this functional loss. (Check all that apply):</p> <p><input type="checkbox"/> N/A <input type="checkbox"/> Pain <input type="checkbox"/> Fatigability <input type="checkbox"/> Weakness</p> <p><input type="checkbox"/> Lack of endurance <input type="checkbox"/> Incoordination</p> <p><input type="checkbox"/> Other _____</p>

SECTION III - RANGE OF MOTION (ROM) AND FUNCTIONAL LIMITATION (continued)

RIGHT WRIST	LEFT WRIST
<p>3C. Repeated use over time (continued)</p> <p>Estimate range of motion in degrees for this joint immediately after repeated use over time based on information procured from relevant sources including the lay statements of the Veteran.</p> <p>Dorsiflexion endpoint (70 degrees): _____ degrees</p> <p>Palmar flexion endpoint (80 degrees): _____ degrees</p> <p>Ulnar deviation endpoint (45 degrees): _____ degrees</p> <p>Radial deviation endpoint (20 degrees): _____ degrees</p> <p>The examiner should provide the estimated range of motion based on a review of all procurable information - to include the Veteran's statement on examination, case-specific evidence (to include medical treatment records when applicable and lay evidence), and the examiner's medical expertise. If, after evaluation of the procurable and assembled data, the examiner determines that it is not feasible to provide this estimate, the examiner should explain why an estimate cannot be provided. The explanation should not be based on an examiner's shortcomings or a general aversion to offering an estimate on issues not directly observed.</p> <p>Please cite and discuss evidence. (Must be specific to the case and based on all procurable evidence.)</p> <div style="border: 1px solid black; height: 60px; margin-top: 10px;"></div>	<p>3C. Repeated use over time (continued)</p> <p>Estimate range of motion in degrees for this joint immediately after repeated use over time based on information procured from relevant sources including the lay statements of the Veteran.</p> <p>Dorsiflexion endpoint (70 degrees): _____ degrees</p> <p>Palmar flexion endpoint (80 degrees): _____ degrees</p> <p>Ulnar deviation endpoint (45 degrees): _____ degrees</p> <p>Radial deviation endpoint (20 degrees): _____ degrees</p> <p>The examiner should provide the estimated range of motion based on a review of all procurable information - to include the Veteran's statement on examination, case-specific evidence (to include medical treatment records when applicable and lay evidence), and the examiner's medical expertise. If, after evaluation of the procurable and assembled data, the examiner determines that it is not feasible to provide this estimate, the examiner should explain why an estimate cannot be provided. The explanation should not be based on an examiner's shortcomings or a general aversion to offering an estimate on issues not directly observed.</p> <p>Please cite and discuss evidence. (Must be specific to the case and based on all procurable evidence.)</p> <div style="border: 1px solid black; height: 60px; margin-top: 10px;"></div>
<p>3D. Flare-ups</p> <p>Is the examination being conducted during a flare-up? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Does procured evidence (statements from the Veteran) suggest pain, fatigability, weakness, lack of endurance, or incoordination which significantly limits functional ability with flare-ups? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Select factors that cause this functional loss. (Check all that apply):</p> <p><input type="checkbox"/> N/A <input type="checkbox"/> Pain <input type="checkbox"/> Fatigability <input type="checkbox"/> Weakness</p> <p><input type="checkbox"/> Lack of endurance <input type="checkbox"/> Incoordination</p> <p><input type="checkbox"/> Other _____</p> <p>Estimate range of motion in degrees for this joint during flare-ups based on information procured from relevant sources including the lay statements of the Veteran.</p> <p>Dorsiflexion endpoint (70 degrees): _____ degrees</p> <p>Palmar flexion endpoint (80 degrees): _____ degrees</p> <p>Ulnar deviation endpoint (45 degrees): _____ degrees</p> <p>Radial deviation endpoint (20 degrees): _____ degrees</p> <p>The examiner should provide the estimated range of motion based on a review of all procurable information - to include the Veteran's statement on examination, case-specific evidence (to include medical treatment records when applicable and lay evidence), and the examiner's medical expertise. If, after evaluation of the procurable and assembled data, the examiner determines that it is not feasible to provide this estimate, the examiner should explain why an estimate cannot be provided. The explanation should not be based on an examiner's shortcomings or a general aversion to offering an estimate on issues not directly observed.</p> <p>Please cite and discuss evidence. (Must be specific to the case and based on all procurable evidence.)</p> <div style="border: 1px solid black; height: 60px; margin-top: 10px;"></div>	<p>3D. Flare-ups</p> <p>Is the examination being conducted during a flare-up? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Does procured evidence (statements from the Veteran) suggest pain, fatigability, weakness, lack of endurance, or incoordination which significantly limits functional ability with flare-ups? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Select factors that cause this functional loss. (Check all that apply):</p> <p><input type="checkbox"/> N/A <input type="checkbox"/> Pain <input type="checkbox"/> Fatigability <input type="checkbox"/> Weakness</p> <p><input type="checkbox"/> Lack of endurance <input type="checkbox"/> Incoordination</p> <p><input type="checkbox"/> Other _____</p> <p>Estimate range of motion in degrees for this joint during flare-ups based on information procured from relevant sources including the lay statements of the Veteran.</p> <p>Dorsiflexion endpoint (70 degrees): _____ degrees</p> <p>Palmar flexion endpoint (80 degrees): _____ degrees</p> <p>Ulnar deviation endpoint (45 degrees): _____ degrees</p> <p>Radial deviation endpoint (20 degrees): _____ degrees</p> <p>The examiner should provide the estimated range of motion based on a review of all procurable information - to include the Veteran's statement on examination, case-specific evidence (to include medical treatment records when applicable and lay evidence), and the examiner's medical expertise. If, after evaluation of the procurable and assembled data, the examiner determines that it is not feasible to provide this estimate, the examiner should explain why an estimate cannot be provided. The explanation should not be based on an examiner's shortcomings or a general aversion to offering an estimate on issues not directly observed.</p> <p>Please cite and discuss evidence. (Must be specific to the case and based on all procurable evidence.)</p> <div style="border: 1px solid black; height: 60px; margin-top: 10px;"></div>

SECTION III - RANGE OF MOTION (ROM) AND FUNCTIONAL LIMITATION (continued)

<p>RIGHT WRIST</p> <p>3E. Additional factors contributing to disability</p> <p>In addition to those addressed above, are there additional contributing factors of disability? Please select all that apply and describe:</p> <p><input type="checkbox"/> None</p> <p><input type="checkbox"/> Interference with standing <input type="checkbox"/> Interference with sitting</p> <p><input type="checkbox"/> Disturbance of locomotion <input type="checkbox"/> Swelling</p> <p><input type="checkbox"/> Less movement than normal <input type="checkbox"/> Deformity</p> <p><input type="checkbox"/> Weakened movement <input type="checkbox"/> More movement than normal</p> <p><input type="checkbox"/> Instability of station <input type="checkbox"/> Atrophy of disuse</p> <p><input type="checkbox"/> Other, describe: _____</p> <p>Please describe additional contributing factors of disability:</p> <div style="border: 1px solid black; height: 40px; width: 100%;"></div>	<p>LEFT WRIST</p> <p>3E. Additional factors contributing to disability</p> <p>In addition to those addressed above, are there additional contributing factors of disability? Please select all that apply and describe:</p> <p><input type="checkbox"/> None</p> <p><input type="checkbox"/> Interference with standing <input type="checkbox"/> Interference with sitting</p> <p><input type="checkbox"/> Disturbance of locomotion <input type="checkbox"/> Swelling</p> <p><input type="checkbox"/> Less movement than normal <input type="checkbox"/> Deformity</p> <p><input type="checkbox"/> Weakened movement <input type="checkbox"/> More movement than normal</p> <p><input type="checkbox"/> Instability of station <input type="checkbox"/> Atrophy of disuse</p> <p><input type="checkbox"/> Other, describe: _____</p> <p>Please describe additional contributing factors of disability:</p> <div style="border: 1px solid black; height: 40px; width: 100%;"></div>
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SECTION IV - MUSCLE ATROPHY

<p>4A. Does the Veteran have muscle atrophy? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>4B. If yes, is the muscle atrophy due to the claimed condition in the diagnosis section? <input type="checkbox"/> Yes <input type="checkbox"/> No If no, provide rationale:</p> <div style="border: 1px solid black; height: 40px; width: 100%;"></div> <p>4C. For any muscle atrophy due to a diagnosis listed in Section I, indicate specific location of atrophy, providing measurements in centimeters of normal side and corresponding atrophied side, measured at maximum muscle bulk.</p> <p><input type="checkbox"/> Right upper extremity (specify location of measurement, such as "10 cm below anterior elbow crease"):</p> <p>_____</p> <p>Circumference of more normal side: _____ cm Circumference of atrophied side: _____ cm</p>	<p>4A. Does the Veteran have muscle atrophy? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>4B. If yes, is the muscle atrophy due to the claimed condition in the diagnosis section? <input type="checkbox"/> Yes <input type="checkbox"/> No If no, provide rationale:</p> <div style="border: 1px solid black; height: 40px; width: 100%;"></div> <p>4C. For any muscle atrophy due to a diagnosis listed in Section I, indicate specific location of atrophy, providing measurements in centimeters of normal side and corresponding atrophied side, measured at maximum muscle bulk.</p> <p><input type="checkbox"/> Left upper extremity (specify location of measurement, such as "10 cm below anterior elbow crease"):</p> <p>_____</p> <p>Circumference of more normal side: _____ cm Circumference of atrophied side: _____ cm</p>
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SECTION V - ANKYLOSIS

NOTE : Ankylosis is the immobilization of a joint due to disease, injury, or surgical procedure.

<p>5A. Is there ankylosis of the wrist? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>If yes, indicate severity of ankylosis:</p> <p><input type="checkbox"/> Extremely unfavorable</p> <p><input type="checkbox"/> Unfavorable, in any degree of palmar flexion</p> <p> If checked, provide degrees of palmar flexion: _____</p> <p><input type="checkbox"/> Unfavorable, with ulnar deviation</p> <p> If checked, provide degrees of ulnar deviation: _____</p> <p><input type="checkbox"/> Unfavorable, with radial deviation</p> <p> If checked, provide degrees of radial deviation: _____</p> <p><input type="checkbox"/> Any other position except favorable</p> <p> If checked, describe: _____</p> <p><input type="checkbox"/> Favorable in 20 to 30 degrees dorsiflexion</p> <p>5B: Comments if any:</p> <div style="border: 1px solid black; height: 40px; width: 100%;"></div>	<p>5A. Is there ankylosis of the wrist? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>If yes, indicate severity of ankylosis:</p> <p><input type="checkbox"/> Extremely unfavorable</p> <p><input type="checkbox"/> Unfavorable, in any degree of palmar flexion</p> <p> If checked, provide degrees of palmar flexion: _____</p> <p><input type="checkbox"/> Unfavorable, with ulnar deviation</p> <p> If checked, provide degrees of ulnar deviation: _____</p> <p><input type="checkbox"/> Unfavorable, with radial deviation</p> <p> If checked, provide degrees of radial deviation: _____</p> <p><input type="checkbox"/> Any other position except favorable</p> <p> If checked, describe: _____</p> <p><input type="checkbox"/> Favorable in 20 to 30 degrees dorsiflexion</p> <p>5B: Comments if any:</p> <div style="border: 1px solid black; height: 40px; width: 100%;"></div>
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SECTION VI - SURGICAL PROCEDURES

RIGHT WRIST

6A. Indicate any surgical procedures that the Veteran has had performed and provide the additional information as requested (check all that apply):

- No surgery
- Total wrist joint replacement Date of surgery: _____

- Residuals: None
- Intermediate degrees of residual weakness, pain, or limitation of motion
 - Chronic residuals consisting of severe painful motion or weakness
 - Other residuals, describe: _____

- Arthroscopic or other wrist surgery

Type of Surgery: _____

Date of Surgery: _____

Describe residuals:

LEFT WRIST

6A. Indicate any surgical procedures that the Veteran has had performed and provide the additional information as requested (check all that apply):

- No surgery
- Total wrist joint replacement Date of surgery: _____

- Residuals: None
- Intermediate degrees of residual weakness, pain, or limitation of motion
 - Chronic residuals consisting of severe painful motion or weakness
 - Other residuals, describe: _____

- Arthroscopic or other wrist surgery

Type of Surgery: _____

Date of Surgery: _____

Describe residuals:

SECTION VII - OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS, SYMPTOMS, AND SCARS

7A. Does the Veteran have any other pertinent physical findings, complications, conditions, signs or symptoms related to any conditions listed in the diagnosis section above?
 Yes No If yes, describe (brief summary):

7B. Does the Veteran have any scars or other disfigurement of the skin related to any conditions or to the treatment of any conditions listed in the diagnosis section?
 Yes No If yes, also complete the appropriate dermatological questionnaire.

SECTION VIII - ASSISTIVE DEVICES

8A. Does the Veteran use any assistive devices? Yes No

If yes, identify the assistive devices used (check all that apply and indicate frequency):

- Brace Frequency of use: Occasional Regular Constant
- Other, describe: _____ Frequency of use: Occasional Regular Constant

8B. If the Veteran uses any assistive devices, specify the condition, indicate the side, and identify the assistive device used for each condition.

SECTION IX - REMAINING EFFECTIVE FUNCTION OF THE EXTREMITIES

Note: The intention of this section is to permit the examiner to quantify the level of remaining function; it is not intended to inquire whether the Veteran should undergo an amputation with fitting of a prosthesis. For example, if the functions of grasping (hand) or propulsion (foot) are as limited as if the Veteran had an amputation and prosthesis, the examiner should check "yes" and describe the diminished functioning. The question simply asks whether the functional loss is to the same degree as if there were an amputation of the affected limb.

9A. Due to the Veteran's wrist condition(s), is there functional impairment of an extremity such that no effective function remains other than that which would be equally well served by an amputation with prosthesis (functions of the upper extremity include grasping, manipulation, etc.)?

- Yes, functioning is so diminished that amputation with prosthesis would equally serve the Veteran No

If yes, indicate extremities for which this applies: Right upper Left upper

9B. For each checked extremity, identify the condition causing loss of function, describe loss of effective function and provide specific examples (brief summary):

SECTION X - DIAGNOSTIC TESTING

Note: Testing listed below is not indicated for every condition. The diagnosis of degenerative arthritis (osteoarthritis) or post-traumatic arthritis must be confirmed by imaging studies. Once such arthritis has been documented, even if in the past, no further imaging studies are required by VA, even if arthritis has worsened.

10A. Have imaging studies been performed in conjunction with this examination? Yes No

10B. If yes, is degenerative or post-traumatic arthritis documented? Yes No

Indicate side: Right Left Both

10C. If yes provide type of test or procedure, date and results (brief summary):

10D. Are there any other significant diagnostic test findings or results related to the claimed condition(s) and/or diagnosis(es), that were reviewed in conjunction with this examination? Yes No If yes, provide type of test or procedure, date and results (brief summary):

10E. If any test results are other than normal, indicate relationship of abnormal findings to diagnosed conditions:

SECTION XI - FUNCTIONAL IMPACT

Note: Provide the impact of only the diagnosed condition(s), without consideration of the impact of other medical conditions or factors, such as age.

11A. Regardless of the Veteran's current employment status, do the conditions listed in the diagnosis section impact his/her ability to perform any type of occupational task (such as standing, walking, lifting, sitting, etc.)? Yes No If yes, describe the functional impact of each condition, providing one or more examples:

SECTION XII - REMARKS

12A. Remarks, (if any – please identify the section to which the remark pertains when appropriate).

SECTION XIII - EXAMINER'S CERTIFICATION AND SIGNATURE

CERTIFICATION - To the best of my knowledge, the information contained herein is accurate, complete and current.

13A. Examiner's signature:

13B. Examiner's printed name and title (e.g. MD, DO, DDS, DMD, Ph.D, Psy.D, NP, PA-C):

13C. Examiner's Area of Practice/Specialty (e.g. Cardiology, Orthopedics, Psychology/Psychiatry, General Practice):

13D. Date Signed:

13E. Examiner's phone/fax numbers:

13F. National Provider Identifier (NPI) number:

13G. Medical license number and state:

13H. Examiner's address: